

Cross Currents



Class for Liturgists

As the summer approaches, there will be many Sundays when either Nadia or I will be gone due to vacations, mission trips, or other summer adventures. In order to assist with the services this summer and beyond I would like to help members who would be interested in being liturgists have the tools to aid in the service in this way. To that end I would like to have a class for those interested – on Wednesday, May 25th at 6:30.

You will receive helpful hints and resources for this task. Please leave a message on my phone if you are interested in attending, in order to assure that I have enough resources.

Thank you,

Kirk

P.S. – If you would be interested in taking a ‘Time with the Younger Church’ for a Sunday – also let me know.

WELCOME NEW CONFIRMANDS!

After a year of studying with Pastor Kirk Ryckman, we confirmed 8 young people into church membership on Sunday, May 1st. It was an exciting day in the life of our church both for us as a congregation and for the young people and their families. It was an important milestone for them as they led the worship service and then were welcomed into church membership. A lovely reception was held by the Congregational Life Committee and special gifts were presented to each confirmand from the Christian Education Committee. We welcome these young people into the membership of PCOC:

Aaron Allen Stoddard Fiona Ashley Smith
Crystal Yaalsah Kwaw Taylor Nicole Koch
Laura Kathryn Jones Sean Arthur Johnson
Kathryn Lynne Harrison Anna Dyer Wattles Flarity





SPIRIT of MISSION

Wrapping Up Omaha Street School Lunches for This School Year

Omaha Street School (OSS) is a faith-based, non-profit alternative high school. **OSS targets high-risk youth who have been unsuccessful in traditional high schools**. Students come to the school with a history of problems including: truancy, drug and alcohol abuse, emotional and physical abuse, teen pregnancy, and criminal and gang involvement.

As a non-profit high school, OSS is supported heavily by donations including financial support from our church Mission budget. (The main focus of the Mission Committee is 'youth at risk'.) The school operates on a small budget, in an old building that does not have a full kitchen. Because meals cannot be prepared onsite, various volunteer organizations, churches, and businesses have picked up the slack by providing hot lunches on a daily basis.

Our Mission Committee has organized volunteers to serve lunch once per month at OSS. PCOC Mission committee members and other church members **cook and serve a delicious Taco lunch** on the second Tuesday of each month, that is one of the students' favorites. In addition to the lunch, PCOC has also served brownies, cookies, brownie ice cream sundaes, and other sweet surprises to the students and staff. Most importantly, our volunteers share positive affirmations and acceptance with the students to help them feel loved and respected.

On May 12, the volunteers served the final lunch for the 2010 - 2011 school year. *Plans are to continue serving lunches during the next school year.*

Tina Morgan and Kristi Treu are the lunch team leaders. Other members who have worked on the lunches this school year include: Keith Allen, Mia and Lissa Treu, Charlene Meyer, Bill Ritchie, Kathy Moore, Faythe and Lou Harrison, Jennifer and Dave Bennett, Matt Bennett, Karen Metzger, Laurie Stiles, Dawn Buchanan, Ruth Madison, Hugh Stoddard, Matt Will, Cheryl Summers, Naomi Rueb, Mary Ann Peterson, Jean Waters, Irene Boomgaarden and Darrell Stuedemann.

Also, Darrell Stuedemann is assisting 1/2 day each week at OSS with students in the English classes. A BIG Thank you to the leadership and volunteers for a successful school year at OSS!

(Want to be a part of the OSS lunch experience? Contact Tina Morgan at tmorgan@mcneb.edu or Kristi Treu at kmtreu@cox.net.)



Lunch team members
Tina Morgan and Kristi Treu



Volunteers Bill Ritchie, Lou and Faythe Harrison



Volunteers Keith Allen, Kristi Treu,
Mia and Lissa Treu, Tina Morgan



OSS Students line up for PCOC Taco lunch



OSS students enjoy lunch



Oss Student enjoy brownie sundaes outdoors

Christian Education

CE RECOGNITION SUNDAY

On Sunday, May 22nd, the Christian Education Committee will be taking the opportunity to thank all of our volunteers who have helped this past year. We have a large number of people who have taught Sunday School or an Adult Ed class, or served as a youth advisors or led a small group during the Lenten Study. We would like to take time during the worship service to recognize and thank all these people for the dedicated service to the church, our children, youth and adults. Please join us for worship on May 22nd, for this special event!



ANOTHER SUCCESSFUL YOUTH FUNDRAISER!

The Senior High Youth recently held a silent auction for the Women's Day Baskets. The group raised \$1,260.00 from this event and the proceeds will go to their Mission Trip to Stronghold. Thank you to all who supported this event and we hope you are enjoying the contents of the baskets!

VACATION BIBLE SCHOOL

Volunteers are needed for a special project that involves ironing! We have purchased a lot of t-shirts for all the children and adults and each one needs a transfer ironed on the front of them. If you have an hour or two and would be willing to help with this project, please call Sheri at the church office. (333-7466). We can arrange to have you pick up the t-shirts and transfers at your convenience. We would need to have the t-shirts completed and back to the church by June 5th.

Discovery Preschool News

Thank you to the Presbyterian Church of the Cross library as a resource for the children and teachers. Twenty-eight 3 day and 5 day children checked out books twice a month all year.

Please continue to let friends, family and neighbors know about our preschool and summer school programs. Registration forms are available in the Narthex and preschool or call Barb, 402-333-8742.

There will be a Book Fair between services on Sunday, May 22nd in the Fellowship Hall.

Hiking and Birding Club

Join the Hiking and Birding Club for a Spring walk at Walnut Creek Lake. We will meet in the north parking lot at 9:30 a.m. on May 28th. All are welcome. Call Tom Stalnaker at 390-9913 for more information.

June 49ers Meeting

We will celebrate the red, white and blue with a program about our American Flag by Suzanne Jarman.

Come to Lakeside Village, 174th and Francis for lunch at 11:30 a.m. on June 7th. For your menu choice call Dorothy Thompson, 402-391-1758 or Mary Kuhn, 402-333-1710. Reservations \$9.00 payable in advance by June 2nd.



Help celebrate America's Flag Day which is on June 14th.

**Summer Worship
Hours begin on
May 29th.**

**One service at
10:00 a.m.**

**Office hours are
9:00-3:30 p.m.**

Come workout with me!

About a year ago I made the decision that I wanted to run a 5k (3.1 miles). It had been months since I had a regular workout routine, so I figured, this is cheaper than joining a gym, and how hard could it be? Using a run/walk training plan, it took me about 8 weeks to go from running 30 seconds at a time for twenty minutes, to running a full 3 miles for the first time. When I finished my first workout, I remember thinking, “What have I gotten myself into?” But with time I improved. I could slowly feel my heart and lungs getting stronger, as well as reaping the benefits of increased energy and endurance.

Over the past year I’ve enjoyed running regularly, and competing in a couple of races. My next race will be my longest—a half marathon through the streets of Council Bluffs, Sunday May 22nd (This is the reason you won’t see me in worship that day...I’ll be running 13.1 miles). I have no grandiose goals for this race, only to finish it...and not come in last place.



Running has become an important part of my schedule, as I’m sure your own exercise activities are important to your schedule. In my own life, running serves as a sort of spiritual discipline, in that it gives me regular times every week when I know that it will be just me and God and the pavement beneath my feet. I also appreciate the opportunities to run with friends. It’s nice to have someone to talk to make the time go faster, and I have found that there’s something about traveling from one place to another on foot that seems to bring out the best in conversations, whether I’m walking or running with someone. I’ve gotten to know some of my best friends even better through taking a walk with them.

As summer approaches, I want to invite you to be a part of an exercise opportunity for PCOC members to come together and fellowship while being active. The plan is to meet once a week over the course of the summer on Saturday mornings to walk, run, or ride bikes together. It doesn’t matter if you’re an experienced runner or cyclist or if you just want to take in a leisurely stroll, all are welcome!

More details (dates, times, location, etc.) will be forthcoming, but for now I am looking for a couple of people who might be willing to help me organize this fellowship opportunity. Because everyone moves at his/her own speed, we could use a few pace setters (for our joggers/runners) as well as folks who would be willing to walk and ride with other groups. We could also use some people with running/cycling experience to be available to provide expertise to those of us who are just getting started. If you are interested in helping out, please contact me at the church office or via email (nadia@pcoc.us).

I hope to be able to give you some concrete details in our next edition of Cross Currents. I look forward to fellowshiping and working out with you this summer!

Blessings,
Nadia



MOPS (Mothers of Preschoolers)

Our MOPS program has officially ended for the year but we're already planning for another exciting program next year. We ended the year with 11 Moms in our group which means we have plenty of room for new Moms next year. Registration forms are available at the information desk, and it's not too soon to register for the fall program. In addition, we are starting up a new group especially designed for Moms of elementary age children called MOMSnext. Both groups will be meeting on the 2nd and 4th Tuesday of every month from 6:30 – 8:00 PM. Free child care is provided at every meeting. (Most MOPS groups charge for the child care!) Next fall we will be using the book called *MomSense – A Common Sense Guide to Confident Mothering* by Jean Blackmer as the theme for our meetings. Another new feature will include VeggieTales curriculum and activities for the kids. Registration for both MOPS groups has started and you are invited to join this great group of Moms! Forms are available at the Information Desk or contact Sheri Sessions for more information.

Cross Currents

The *Cross Currents* is published bi-monthly by the Presbyterian Church of the Cross, 1517 South 114th Street, Omaha NE
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Health Screening Opportunity sponsored by the Deacons

The Nebraska Lions Foundation and Blue Cross and Blue Shield will have the Mobile Screening Unit at PCOC on Sunday June 5, from 8:00-9:45 AM until 11:15-12:00 PM. This unit provides free screening for glaucoma, visual acuity, diabetes, hypertension and hearing problems.

A test for cholesterol level is also available for \$5.00 (checks made payable to Nebraska Lions Foundation). If you elect to have the test for cholesterol level, it is most accurate if you fast from bedtime the night before until the test. If you are doing the cholesterol testing, we recommend arriving early.

You have the option upon arrival to the unit of what tests you would like to be administered. If you go through everything, plan on it taking 30 minutes.

If you have any questions, please call the church office.



June Birthdays

- 1 Eva Grossardt
- 2 Kyle Clancy, Naomi Rueb
- 3 Dawn Buchanan, Catherine Crawford, Margaret Dickmeyer, Gene Miller, Rachel Rathman, Alex Voss
- 4 Ella Moore, Jessie Pomo, Bob Reisser
- 5 Gwen Elsasser, Dana Summers
- 6 Tuck Bolton, Al Thornton
- 7 Jean Carey, Kay Forslund, Dale TeKolste, Carol Wiesner
- 8 Kristen Hinz, Dan Quine, Al Williams
- 9 Bryce Crawford, Marj Livingston
- 10 Anne DeCosta
- 11 Leon Davis, Barbara Deery, Suzi Fischer, Jack Lewis
- 12 Nancy Bunjer, Susan Geschwender, Marian Leach, Scott Sumner
- 14 Carl Mammel, Betty Stevens
- 15 Chris Erickson, Don Howland, Christina Kahler, Ed VanSurksum
- 16 Renee Cornett, Bethany Haas, Kim Reid, Dixie Williams
- 18 Greg Brecci, Gary Neuhaus, Lani Polzin
- 19 Erik Boe, Linda Hulsey, Judy Keating, Fiona Smith
- 20 Leslie Nicas
- 21 Mikayla Ford, Lela Waters
- 22 Kevin Curtis, Phyllis Winter
- 23 Elaine Raschke
- 24 Larry Flairty, Sue Foehlinger, Debbie Mazgaj
- 25 Blake Harrison, Dick Jenkins, Rachel Rickert
- 26 Mike Clancy, Ann Pearson, Dave Pederson
- 27 June Fettig, Charlotte Lobaugh, Stephnie Weaver, Sondra Willis
- 28 Julie Buehler, Bob Knightly.
- 29 Rebecca Anderson, Erin Bauer, Marty McGuire
- 30 Jae Falcone



June 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 6:30 PieceMakers	2	3	4
5 10:00 Worship 1:00-6 Mobile Screening Sr. High Mission Trip June 5-11 Cross Currents Deadline	6 10:00 Staff 5:30 Congregational Life 6:30 Bldg. & Grds. 7:00 Worship & Music 7:00 CE	7 11:30 49ers	8 6:30 PieceMakers	9 9-12 PW Sewing Day	10	11
12 10:00 Worship/Communion 11:00 Pancake Man 3:00 VBS Training and Setup Don and Millie Discount Sunday	13 9-12 VBS 10:00 Staff 5:00 Worship & Music Sub-Committee	14 9-12 VBS 5:30 Membership & Evangelism 7:00 Mission	15 9-12 VBS 5:15 PCOC Book Group 6:30 PieceMakers	16 9-12 VBS	17 9-12 VBS	18
19 10:00 Worship Pantry Sunday Cross Currents Deadline	20 10:00 Staff 7:00 Deacons	21 5:30 Finance	22 6:30 PieceMakers	23 9:30 Ruth Circle	24	25
26 10:00 Worship	27 10:00 Staff 7:00 Session	28	29 6:30 PieceMakers	30		

Presbyterian Church of the Cross
1517 South 114th Street
Omaha NE 68144

Worship 9:00 & 11:10 a.m.
Church School 10:00 a.m.
Phone: 402-333-7466 Fax: 402-697-9084

E-mail addresses:
churchofthecross@pcoc.us
Kirk- karyckman@pcoc.us
Nadia-nadia@pcoc.us
Dana - dana.sloan@pcoc.us
Sheri—ssessions@pcoc.us
June—junef@pcoc.us
Web site: www.churchofthecrossomaha.org
www.organvesper.com

Staff

Dr. Kirk A. Ryckman	Pastor
Rev. Nadia Mullin	Associate Pastor
Dana Sloan M.M.	Minister of Music
June Fettig	Business Administrator
Sheri Sessions	Christian Education Director
Barbara Elliott	Director, Discovery Preschool
Robin R. High	Associate Organist
Julie Hansen	Secretary/Receptionist
Linda Hulsey	Director, Credo Choir
Jayne Frederickson, Kristi Treu,	Directors, Childrens' Choirs

Thank You

Words cannot express the love and comfort our family has felt from the cards and words of support received since the death of our husband and father, Lloyd Lippstreu.

Special thanks to Kirk and Nadia for the lovely memorial service and to the Deacons for the luncheon following.

Your sympathy and prayers have strengthened us as we remember his life.

Lloyd loved the family of Church of the Cross; his and our faith in Christ sustain us now.

Adaline Lippstreu and Family

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**Next Cross Currents Deadline is:
June 5, 2011
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